Integrated Lower-Limb Preservation (LLP) CoP Webinar: *Putting Feet First*

Ontario Health's Diabetes Strategic Initiatives

November 28, 2024

Ontario Health

Land Acknowledgement

Housekeeping

- Please keep yourself on mute unless you are speaking.

- We encourage you to type your questions or comments in the chat box. The chat box is monitored throughout the webinar. Questions will be addressed directly in the chat box or in the discussion following the presentations.

- We also encourage you to share any suggestions/topics for future webinars.

- This meeting will be recorded. A copy of the webinar recording, and slides will be available on the virtual CoP shared space.

Agenda

TIME	TOPIC	NAME
8:00 am	Land Acknowledgment	Lindsay McKendrick
8:05 am	Welcome & Introductions	Mike Setterfield
8:10 am	Ontario Health's Diabetes Strategic Initiatives	Ryan Emond
8:45 am	Questions & Discussion	All
8:55 am	Wrap Up	Mike Setterfield

Speaker

Ryan Emond

Program Manager, Chronic Disease
Primary and Community-Based Care
Ontario Health

ryan.emond@ontariohealth.ca

Diabetes Strategic Initiatives

Reflections on Progress and the Path Forward

Nov. 28, 2024

Ontario Health

Ontario Health – Diabetes Initiatives Key Priorities

The Population Health and Prevention team is focused on addressing:

- ❖ diabetes prevention,
- ❖ early detection, and
- ❖ early intervention for complications

Key Ontario Health areas work to date include but are not limited to:

- Diabetes Quality Standards
- Lower Limb Preservation pathways in Ontario Health Teams
- *Diabetes Education Programs*

Background: Diabetes Education Programs

Ontario Health funds 185 Diabetes Education Programs (DEPs), including 35 Pediatric DEPs, and **150 Adult DEPs**

Adult DEPs at a Glance:

- **Client Population:** type 1 and type 2 diabetes, prediabetes and diabetes in pregnancy (depending on program focus)
- **Program location:** hospitals, Community Health Centres (CHCs), Family Health Teams (FHTs)
- **Team composition:** Registered Nurse (RN) - Registered Dietitian (RD) diabetes educator dyads; may include additional health professions (e.g., Registered Social Workers, Chiropodists, Kinesiologists)
- Collaborate with the client's primary care provider and/or endocrinologist to carry out the diabetes care plan; use person and family-centered care strategies, self-management principles

Opportunities & Benefits

Key Benefits:

- Support for patients' w/ diabetes
- Source of community care for underserved and unattached populations
- Potential to keep patients out of the ER
- Provide services virtually and other innovative practices

Opportunities:

- ❖ Lack of a standard model
- ❖ Lack of accountability for performance
- ❖ No long-term plan
- ❖ Manual and inconsistent reporting
- ❖ Lack of connectivity with OHTs and PC

According to Diabetes Canada[1], self-management education offers significant **benefits and improved outcomes for individuals and with diabetes**, including:

- ✓ Reduction of CVD episode of 20%
- ✓ **Reductions in foot ulcerations, infections and amputations**
- ✓ Reductions in all-cause mortality of 44%
- ✓ Reduction of stroke of 30%
- ✓ Reductions in glycated hemoglobin (A1C)

[1] https://www.diabetes.ca/health-care-providers/clinical-practice-guidelines/chapter-7

2024/ 25 DEP Initiative Goals

24/25 ABP: 2.7.3 Update guidelines and program expectations for digital/virtual supports to improve access, equity and performance of Diabetes Education Programs

In partnership with OH Regions, improve clinical outcomes, access and equity of Diabetes Education Programs (DEPs) by building on existing expertise, tools, feedback and evidence. Initial focus is on Adult DEPs.

Strategic Objectives

In 2024, our focus has been on laying the groundwork for our diabetes strategic initiatives, driven by external partners and a need for deeper engagement with FNIMUI communities.

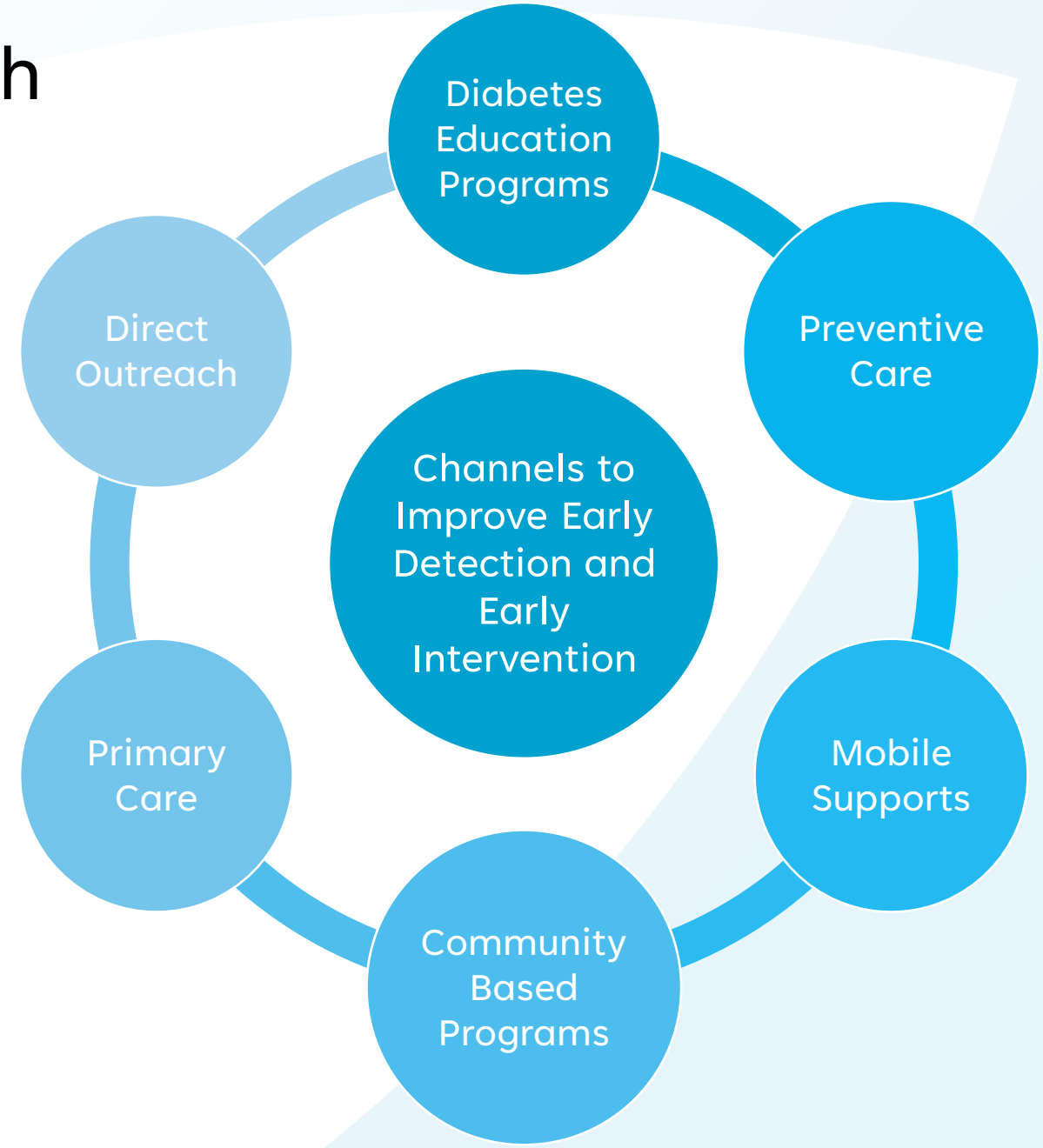
Despite funding constraints, we've concentrated on gathering data and building strong stakeholder relationships. As we move forward, we are using what we've learned to refine our 2025/26 objectives:

Improve access, equity, and performance of Diabetes Education Programs: comprehensive foot assessments, better integration with OH programs and primary care, knowledge sharing, and performance management

Improve early detection in diabetes:
Including an initial phase of diabetes complications screening program, starting with retinopathy

Engage with First Nations, Inuit, Métis and Urban Indigenous partners:
To support planning and implementation of chronic disease prevention and management initiatives

Ways to Reach



Our Partners

Discussion

- How can we strengthen the integration of limb loss prevention strategies within community-based models (such as DEPs) to improve prevention and management outcomes for patients?

Questions & Discussion

Join the…

Integrated Lower-Limb Preservation Community of Practice

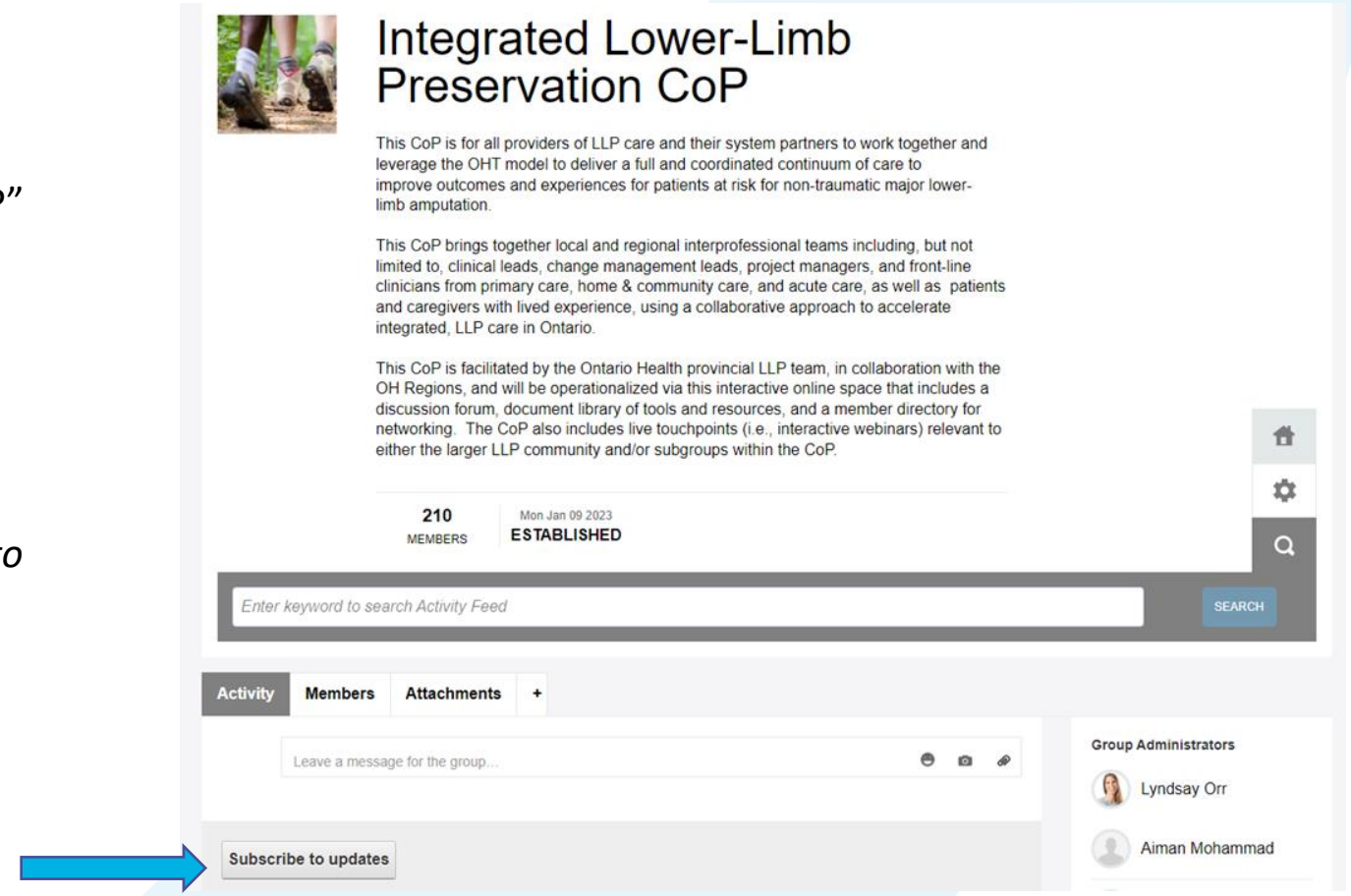
Joining is as easy as 1,2,3

1. Visit the OHT Shared Space and click “SIGN UP” to create your account.

2. Visit the Integrated Lower-Limb Preservation CoP and click the “JOIN GROUP” button. You will receive an email notification when you’ve been accepted into the group.

   Note: *You are automatically accepted into the “General Discussion” Group.*

3. Don’t forget to click on the “Subscribe to Updates” button once you’ve been accepted into your CoP!



Any questions/concerns? Contact the OH ICP Project Team at **OHTSupport@OntarioHealth.ca**

Thank You

OH ICP Project Team